

RIVERSIDE COMMUNITY MARKET



Riverside Community Market Association (RCMA) has recently received three year funding from the Tudor Trust to employ a full-time equivalent Community Food Coordinator to deliver a range of food and health linked outreach and education activities in the local community.

Meanwhile, RCMA's Community Garden Project - where local people can learn how to grow their own food in Cardiff – continues to thrive and recently won a Wales Diversity Award and a Food Standards Agency AFAL Award.

The award winning Riverside Market (runner up in last year's Radio 4 Food and Farming Awards), is now in its 10th year! - running every Sunday morning from 10am – 2pm on Fitzhamon Embankment, opposite the Millennium Stadium, is also expanding its existing range of more than 30 superb stalls – recent additions include home-made healthy ready meals (just the thing to keep in the freezer for those busy days) and locally collected mushrooms.

Roath Real Food Market, Riverside's sister Market is going from strength to strength – every Saturday morning from 9.30am – 1pm in the car park of the MacKintosh Sports Club in Keppoch Street, Roath. As well as a fantastic atmosphere and friendly stallholders with an average 25 stalls of the best food in Wales and new stalls coming every week (we now have locally made pet food for dog lovers !) there is now live music, Indian Head Massage available, and Fair Trade tea and coffee.



SO...HAVE YOU BEEN TO THE MARKETS LATELY? - IF NOT, DO YOU KNOW WHAT YOU'RE MISSING – we really do have the tastiest food in Cardiff, and you're supporting local producers and sustainable farming.