



## **Helping with Mobility Problems.**

If you have difficulty moving about, we may be able to help by fitting extra stair rails and grips to walls.

The Disabled Facilities Grant helps towards adapting and improving the homes of people with disabilities - for instance - if you need a stair lift to go upstairs, or a lift to help you bathe. The grant covers the total cost of many adaptations and you may qualify for a grant to cover the cost of such large-scale work. Your occupational therapist will be able to advise you on the types of aids available to you and we can advise you if we can get a grant for you

So, if you are having any problems in your home, please let us know. If we cannot help directly, we will be able to assist by applying for the necessary grant on your behalf and then organising the work. Whatever the problem, please tell us and we'll try to help.

Always remember that we may also be able to help by moving you to a purpose-built or specially adapted disabled person's property. Again, contact the office for further information.

**Useful contact point** – our Asset Surveyor for adaptations to your current home, or

**Cardiff Accessible Homes** at CCHA on 029 20 537253 if you need to move home.